

# mornings at **BOWERY LN**

## COCONUT BIRCHER

Coconut yoghurt, yellow peach, black figs, soaked raisins, hazelnut crumble (v/df)

14

## HOUSE GRANOLA

Vanilla yoghurt, macerated blueberries, saffron, pecans, freeze dried mandarin (v)

14

## EGGS YOUR WAY

Free range Kangaroo Island eggs any style with sourdough

12

## GREEN BREAKFAST BOWL

Seasonal greens, quinoa, poached eggs, avocado, sesame yoghurt, smoked hazelnuts (v/gf)

18

## HOT SMOKED SALMON

Cauliflower, lemon curd, poached eggs, radish, green apple

21

## SCRAMBLED EGG WHITES

Grilled King prawns, green soba noodles, miso butter, pickled enoki, soy dressing

23

## CHILLI FRIED EGGS

Chickpeas, yoghurt, rye toast, smoked paprika, grilled leek, sumac salt, nasturtium leaves

19

## DICED AVOCADO

Nonies activated charcoal gluten free bread, charred eggplant, tomatoes, toasted walnuts, labneh (v/gf)

16

Add poached egg

+2.5

Prefer sourdough instead of gluten free? Let us know and we'll swap it out.

## EGGS BENEDICT

Roast chat potato, chorizo, soft boiled eggs, tarragon, lime hollandaise

23

## PANCAKES

Maple syrup butter, macadomia crumble, cherry compote, mascarpone cream (v)

18

## SIDES

Roast Tomato

4

Mushrooms

4

Spinach

4

Avocado

4

Bacon

4.5

Haloumi | Feta

4.5

Smoked salmon

5.5

Spanish chorizo

5.5

## TOAST & PRESERVE

Sourdough | Turkish | Soy linseed 6.5

Raisin toast 6.5

Banana bread 6.5

Gluten free 6.5

## FRESH JUICES

### GREEN POWER JUICE

500ml 8 1L 15

Apple, cucumber, celery, kale, mint

### ORANGE JUICE

500ml 8 1L 15

Nothing but freshly squeezed oranges

### THE CLEANSER

500ml 8 1L 15

Pineapple, beetroot, carrot, ginger, basil

## CAPRI WATER

SPARKLING MINERAL WATER 500ml 4.5 1L 10

FLAVOURED MINERAL WATER 500ml 4.5

Blood orange | Cranberry | Lemon | Pink

grapefruit | Ginger beer

## COFFEE

Espresso

3.5

Cappuccino

4.5

Flat white | Caffè latte

4.5

Piccolo, Macchiato

4.5

Long black

4.5

Mocha

4.5

Chai latte | Hot chocolate

4.5

Large Size

extra 50c

Strong | Soy | Syrups

extra 50c

## TEA

4.5

English breakfast | Earl grey

Green

Chamomile

Jasmine

Peppermint | Lemongrass

Chai

## SODA

4.5

Coca cola | Diet coke | Lemonade

Ginger ale | Tonic soda | Lemon lime

bitters | Soda lime bitters

# BREAKFAST

7AM - 11AM

NO SPLIT BILLS DURING BUSY PERIODS